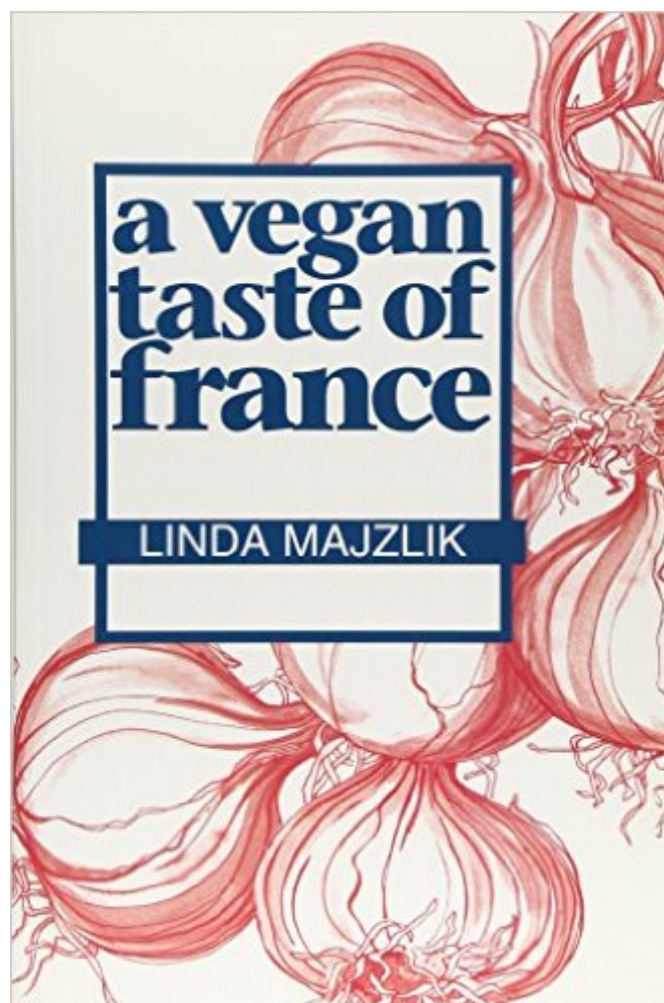


The book was found

A Vegan Taste Of France (Vegan Cookbooks)



Synopsis

This collection of cookbooks interprets the savory flavors of international cuisines for the animal-free, vegan diet. Each region's most famed dishes are detailed or redesigned to be meat-and dairy-free. With recipes for appetizers, breads, salads, main courses, desserts, and drinks, each cookbook covers the entire culinary palate. Classic French dishes are reinterpreted in this collection of recipes for the animal-free diet. This recipe book remains true to authentic French flavors in its meat-and dairy-free renditions of pate, terrine, cassoulet, ratatouille, walnut bread, and apricot frangipane.

Book Information

Series: Vegan Cookbooks

Paperback: 128 pages

Publisher: Jon Carpenter Publishing (April 1, 2004)

Language: English

ISBN-10: 1897766823

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Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #682,271 in Books (See Top 100 in Books) #97 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Vegan](#) #514 in [Books > Cookbooks, Food & Wine > Regional & International > European > French](#) #1179 in [Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Vegan](#)

Customer Reviews

I own six or seven books by this author, in the same series. They all intrigue me because you can find in them recipes that you will not find anywhere else. They are very interesting. On the negative side, these recipes don't always produce clean, simple flavors (the kind of flavor you would associate with mediterranean cooking, for example). They often ask for many ingredients, which easily produces a repetitive "melange" taste.

Thank you. Lots of ideas for my friend who wants to prepare French Vegan recipes!

We have tried a dozen recipes and loved them all. I only wish there was an index. I can't wait try

more recipes!

great book

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